

FLY Ministries December 2021

<u>Faith Lutheran Youth</u> Middle School & High School News

Middle School News & Events

Upcoming Events:

Wednesday: December 15
Mentor Meeting #2

January 21-23:

Confirmation Retreat at Camp Omega

High School News & Events
Upcoming Events:

Thursday: December 30: New Year's Eve: Eve Party

Join us every Wednesday from 7 p.m.-9:30 p.m. for intentional conversations, games, and fellowship!

Christmas with Your Teenager

Christmas is one of those special holidays where you can force family time for a series of a few days and your teenager will probably agree to it. I have been having conversations with my high school students about things that they love to do as traditions during the Christmas season. If you're looking for fun ways to engage your teen this Christmas, look no further!

- 1. Make, bake, and decorate Christmas cookies as a family. Food is a motivator for teenagers and it allows room for quality conversation!
- 2. Do Christmas movie or game nights in PJs. Some even suggested matching pjs which I know would have made my teenage self squirm so do that at your own risk.
- 3. Have fun gift exchanges between your kids. Dice or saran wrap ball (look this one up on Pinterest, it's hilarious) games are super fun if you have multiple teens.
- 4. Plan outdoor activities like ice skating, sledding, or any kind of winter exploring.
- 5. Make sure to spend time talking about Jesus and the purpose of Christmas. Something my family does every year is write down how we can be the hands and feet of Jesus in the coming year before opening any gifts. It sets the tone of keeping Jesus at the center.

