

FLY Ministries January 2022

<u>Faith Lutheran Youth</u> Middle School & High School News

Middle School Upcoming Events

Wednesday, January 5 – Welcome back!

Thursday, February 10 – MS Tubing Night @ Powder Ridge

Wednesday, February 16 – Mentor Meeting #3

High School Upcoming Events

Wednesday, January 12 – Mission Trip Meeting

Wednesday, February 9 – HS Tubing Night @ Powder Ridge

FLY youth group meets every Wednesday from 7-9:30! Join us as we start a new series on relationships!

January is upon us again! As the Christmas season wraps up and the festivities dampen, it is easy to begin to feel low. Whether that is because of the darkness, the cold, or the pressure of a new year, this month always seems to be the hardest for our mental states and our relationships. Our youth are beginning a series on relationships and taking an inventory of their relationships ranging from their friends, family, to even romantic relationships. As you begin this new year, I have some ways that you can build upon your relationships and be even more intentional in 2022!

- 1. Call people and talk with them for an extended period. This is the time of year when people are less busy! Facetime or even just a classic phone call do worlds for connection!
- 2. Find a pen pal and write letters. There is no better feeling than getting letters!
- 3. Build connections with strangers by doing "Random Acts of Kindness." Buy someone's coffee in the drive through, leave a kind hearted Post-It Note on a windshield, or smile at someone when you walk past them in the store.

Relationships take intentional investment. You have to work at them. Maybe this is the year that we bring the world back together with kindness, love, gratitude, and intentionality.

Most importantly, invest in your relationship with Christ. Attend church with your family, join a Faith Group, blast some worship jams, and read your Bible. Our Lord is captivated by you and wants to have relationship with you BECAUSE He loves you, He chose you, and He died for you!

Contact Kristen Durst, Director of Youth and Family Ministry with any questions at kristenm@faithlc.com or 320-587-2093